



MABAC

RUNNING LEAGUE



“The Surrey Slog”

XC half marathon held on Holmbury Hill

NOT FOR THE FAINT HEARTED (EXPECT + 15% ON NORMAL HALF MARATHON TIMES)

Held under ARC Rules – Minimum age 17 years on the day

Sunday 18th July 2010

Event starts 10.00 am. No entries on the day this year!

Fees: £8.00 if attached to ARC or UKA. £10.00 if unattached.

Enter online via Runner’s World or by post. Last date for postal entries: 10th July

Medals to all finishers. Results will be posted on the MABAC web site.

Venue: Duke of Kent School, Near Peaslake, Surrey. Postcode GU6 7NS. OS map/ref 187/089430.

Car route to the start: From A3/M25 Junction 10, turn onto A3 heading WEST towards Guildford. In approx. 1½ miles follow the B2215 through Ripley. In approx. 1½ miles turn LEFT onto A247, through West Clandon and ahead over a double set of traffic lights to cross the A246 and onto the A25 towards Newlands Corner. Over Newlands Corner descend towards Silent Pool. Turn RIGHT onto A248 and in approx. 500 yards turn LEFT into New Road. In approx. ½ mile turn LEFT into Park Road (signposted PEASLAKE). In approx. 1 mile turn RIGHT then immediately turn LEFT turn into Hook Lane. Carry on for approx. 2 miles on a narrow road through Peaslake village centre, and along the Ewhurst Road for approx. 1¼ miles then the Duke of Kent School is on your RIGHT.

Map: See MABAC web site: www.mabac.org.uk

PLEASE PRINT CLEARLY IF YOU WANT IT TO BE SPELT CORRECTLY IN THE RESULTS!



FIRST NAME SURNAME

ADDRESS

..... POST CODE

Telephone Number: E-mail:

Date of Birth:/...../..... Male/Female: Club:

Minimum Age 17 years

PLEASE MAKE CHEQUES PAYABLE TO “BLACKWATER VALLEY RUNNERS”

I declare that I will only take part in the chosen event if I am fit and I will not hold the organisers responsible for any loss or injury however caused.

Data protection. Your details are held on computer for our own use only and will not be passed to any third party except for publication of the results.

Unavoidable Cancellation. In the event of cancellation of the *Surrey Slog* in circumstances beyond our control we reserve the right to deduct up to £2, before refunding any entry fees, to help defray our costs incurred.

Official Use Only
(Race Number)

Signature: **Date:**

Postal entries to: The Event Secretary, 22 Grange Farm Road, Ash, Aldershot, Surrey GU12 6SJ
Web site: www.mabac.org.uk E-mail queries: slog-secretary@bvrunners.org.uk